

AUTUMN/WINTER PROGRAMME

(OCT 2021 - FEB 2022)



	MORNING	AFTERNOON
MONDAY	<p>Care for the Community*</p> <p>Showing we care in practical ways; litter picking, DIY, gardening.</p> <p>Third Monday of the month</p> <p>10 a.m.-11 a.m. followed by refreshments.</p>	
TUESDAY	<p>Chai & Chat Mornings (WG)*</p> <p>Come and enjoy a cuppa and a chat in a relaxed and friendly environment.</p> <p>First Tuesday of the month</p> <p>10-11.30 a.m</p>	
WEDNESDAY	<p>Mindful Movement (WG)</p> <p>Monthly 11.30 a.m. - 12.45 p.m.</p> <p>Mindful Journaling (WG)</p> <p>Monthly 1.30 p.m.-2.30 p.m.</p>	<p>Art of Friendship (WG)</p> <p>Forming interfaith friendships through creative arts.</p> <p>Monthly</p> <p>1.00 p.m.-2.30pm</p>
THURSDAY	<p>Food Stories –</p> <p>Sharing Faith through food (WG)</p> <p>Sharing the stories behind our favourite recipes and creating them together.</p> <p>Bi-monthly from January.</p> <p>Registration now open.</p> <p>10.30am-12.30pm</p>	<p>Shared Silence*</p> <p>A time to be still and pause on purpose.</p> <p>Weekly</p> <p>1.00pm -1.15 p.m.</p>

*Drop in. For all other sessions, registration is required in advance. (WG) Women's group

For further details of our activities and to register: admin@touchstone-bradford.org.uk ☎ 01274 721626

Save the date: Further details to follow

Faith, Film and Food Night for Interfaith Week:

November 14th-21st.

Screening of 'The Branches are Hope, the Roots are Memory' by local filmmaker Sema Basharan. Sema will be in attendance for Q and A. 'Shared Silence' this week will also include interfaith prayers for peace.

Loaves and Dishes

Sunday October 17th,
November 21st.

Healthy, homecooked, vegetarian food from around the world.

Christmas Open House:

December 9th.

Festive delights, food and crafts.

Holocaust Memorial Day:

January 27th, 2022.

'Shared Silence' will focus specifically on commemorating Holocaust Memorial Day.

Check out our website and Facebook page for up to date information.

 www.touchstone-bradford.org.uk

 Touchstone Bradford